



Share the music in sounds around on

The UnCaging Ears HarkHive!

www.just1.org.uk/harkhive

UnCaging Ears is enjoyable activity based on appreciating the soundtrack of everyday life around. It celebrates John Cage's famous composition 4'33".



This suggestion is for individuals simply to hark to any sounds around – then maybe send their observations to show and share in an on-line archive – like, ahem, bees bringing nectar to a hive. Yes? This is how.

- For a few minutes sit down somewhere – indoors/outside, alone/in company
- Listen out for all sorts of sounds or noises around
- They may be near or far, clear or blurred, loud or faint, familiar or new
- Note them down as a simple list – like those below
- Add the setting and any comments, questions or suggestions
- Send these to the UnCaging UnConductor hughgibbons@just1.org.uk

Many thanks. Here's the sort of sounds that Hugh has in mind.

On South Hill Park bench Saturday morning

- Rustle of dry autumn leaves on oak trees
- And blowing over others on ground
- Wind fluffing across hearing aids
- Children's voices 100m away: football
- Different sounds of football: kicked hard and soft, hitting human, bouncing on grass
- A nearby magpie, snapping
- Seagulls, sounding like children's voices
- A plane out of Heathrow, about 5 miles away
- Feet on gravel as people walked by
- A wheelchair ditto – but continuous
- Dogs' different barks as they chased a ball
- My breathing, having a cold
- The fountain in the distance, sporadic
- Cars in background - intermittent
- The sound of taking phone out of pocket
- The tapping to open up
- Click of the camera

In sofa in our sitting room on Saturday evening

- Rumble of central heating
- Crackle of The Tablet pages adjusted by Anne
- Different sound as she turns page (would newsprint be different?)
- Hum in brain (NB not tinnitus)
- Tummy rumble
- Sound of reaching for phone
- Fingernail tapping on phone to make this note
- Breath intake through nose
- Unproductive cough
- Creaking of neck
- Anne putting down The Tablet on table
- Getting up, slowly
- Stairs creaking as Anne goes up
- Stairs creaking – pauses means she's coming down
- Tummy has internal gurgle
- Anne's feet on carpet
- Anne gently settling back down on sofa

The background? The panel on Let's Hear It for Silence on Hugh's Interrobang Gallery at www.just1.org.uk/interrobang